



CPD Workshop

Using TA in Assessment and Treatment Planning

Facilitated by Mandy Atkinson

Saturday 19th May 2018 10am – 4pm

Course overview

In this workshop we will explore a range of Transactional Analysis (TA) concepts and how they can be used in assessment and treatment planning. TA will be used in the context of the initial and ongoing assessment process we engage in when working therapeutically with clients. This exciting workshop will combine theoretical knowledge and practical application of the assessment and treatment planning process, considering short term and longer term client work. Using case examples, we will be encouraging a sharing of our experiences and working collaboratively.

We will consider:

- Key concepts and philosophical principles of TA that are useful in the client assessment process
- TA Perspectives on treatment planning

Learning outcomes will include being able to:

- Appreciate how TA theory lends itself to the assessment and treatment planning process
- Be able to apply TA theory practically to assessment and treatment planning

Facilitator

Mandy Atkinson CTA (P), UKCP Reg., BACP Accred. MA, Dip Sup., Dip Counselling, Cert.Ed., RGN is a Certified Transactional Analyst Psychotherapist, trainer, consultant, examiner and clinical supervisor. Mandy provides a warm, collaborative environment to encourage exploration and learning. She is passionate about Transactional Analysis and co-created learning. In her private practice, Matters of the Mind Counselling and Psychotherapy, she provides therapy for individuals, couples and families. Mandy also provides clinical supervision for trainee and qualified counsellors and psychotherapists. Mandy provides bespoke training and workshops on areas such as eating disorders and weight, Transactional Analysis, communications, depression and anxiety, setting up in private practice, business development/marketing.